

## YOM KIPPUR AMIDA (revised 2010)

1. O Lord, open my lips that my mouth may declare Your praise.

Blessed are You, O L-rd our G-d and G-d of our fathers, G-d of Abraham, G-d of Isaac, and G-d of Jacob, the great, mighty, revered and exalted G-d who bestows loving-kindness and is Master of all. Mindful of the patriarchs' love for You, You will in your love bring a Redeemer to their children's children for the sake of Your Name. Remember us to life, O King who delights in life, and inscribe us in the Book of Life so that we may live worthily for Your sake, O G-d of Life, O King, Helper, Redeemer and Shield, be praised, O L-rd, Shield of Abraham.

2. You, O L-rd, are mighty forever. You call the dead to immortal life for You are mighty in salvation. You sustain the living with loving-kindness, and in great mercy grant everlasting life to those who have passed away. You uphold the failing, heal the sick, set free those in bondage, and keep faith with those that sleep in the dust. Who is like You, Almighty King, who decrees death and grants immortal life and brings forth salvation? Who may be compared to You, Father of Mercy, who in love remembers Your creatures to life? You are Faithful to grant eternal life to the departed. Blessed are You, O L-rd, who calls the dead to life everlasting.

3. You are holy and Your Name is holy and holy beings praise You daily.

And therefore, O L-rd our G-d, let Your awe be manifest in all Your works, and a reverence for You fill all that You have created, so that all Your creatures may know You, and all mankind bow down to acknowledge You. May all Your children unite in one fellowship to do Your will with a perfect heart; for we know, O L-rd our G-d, that dominion is Yours, that Your might and power are supreme, and that Your Name is to be revered over all You have created.

4. And therefore, O L-rd, grant glory to Your people who serve You, praise to those who revere You, hope to those who seek You, and confidence to those who yearn for You. Bring joy to Your land, gladness to Your city, renewed strength to the seed of David, and a constant

light to Your servants in Zion. O may this come to pass speedily in our days.

And therefore, the righteous shall see and be glad, the just exult, and the pious rejoice in song, while iniquity shall close its mouth and all wickedness shall vanish like smoke, when You remove the dominion of tyranny from the earth.

And You, O L-rd, will rule, You alone, over all Your works on Mount Zion, the dwelling place of Your glory, and in Jerusalem, Your holy city, fulfilling the words of the Psalmist: "The Lord shall reign forever; thy G-d, O Zion, shall be Sovereign to all generations. Praise the L-rd."

You are Holy, and awe-inspiring is Your Name, and there is no G-d besides You; as it is written in the Holy Scriptures: "The L-rd of Hosts is exalted through justice, and the Holy G-d

is sanctified through righteousness." Blessed are You, O L-rd, the Holy King.

You chose us for Your service from among all peoples, loving us and taking delight in us. You exalted us above all tongues by making us holy, through Your commandments. You have drawn us near, O our King, to Your service and have called us by Your great and Holy Name.

*On Sabbath add the bracketed words*

And You have given us in love O L-rd our G-d, [this Sabbath day and] this Day of Atonement, for pardon, forgiveness and atonement, that we may [in love] obtain pardon thereon for all our iniquities, a holy convocation in memory of the departure from Egypt.

Our G-d and G-d of our fathers, may Israel be remembered for loving-kindness and mercy, life and peace; may Zion be remembered for deliverance and well-being on this Day of Atonement. Remember us, O L-rd our G-d for our good, and be mindful of us for a life of blessing. In accordance with your promise of salvation and mercy, spare us and be gracious to us; have compassion upon us and save us. To You have we lifted our eyes, for You are a gracious and merciful G-d and King.

Our G-d and G-d of our fathers, pardon our iniquities [on this Sabbath Day, and] on this Atonement Day. Efface our transgressions and our sins, and make them pass away from before Your eyes; as it is written in Scripture: "I, even I, am he that obliterates your transgressions for Mine own sake." "I have blotted out as a cloud your transgressions, and as a mist, your sins; return to Me, for I have redeemed you". "For on this day shall atonement be made for you, to cleanse you; from all your sins shall you be made clean before the Lord." Our G-d and G-d of our fathers, [accept our rest;] sanctify us by Your commandments, and grant that our portion be in Your Torah; satisfy us with Your goodness, and gladden us with Your salvation. [Cause us, O L-rd our G-d, in love and favor to inherit Your Holy Sabbath; and may Israel rest thereon and bless Your Name.]

Make our hearts pure to serve You in truth for You are the Forgiver of Israel and the Pardoner of the tribes of Jeshurun in every generation, and besides You we have no King who pardons and forgives. Blessed are You, O L-rd, The King who pardons and forgives our iniquities and the iniquities of the house of Israel, who makes our trespasses to pass away year by year, You O King are over all the earth, who sanctifies [the Sabbath and] Israel and the Day of Atonement.

O L-rd our G-d, be gracious to your people Israel and accept their prayer. Restore worship to Your Sanctuary and receive in love and favor the supplication of Israel. May the worship of Your people be ever acceptable to You. O may our eyes witness Your return in mercy to Zion. Blessed are You, O L-rd, who restores Your divine presence to Zion.

We thankfully acknowledge that You are the L-rd our G-d and the G-d of our fathers to all eternity; the Rock of our lives,

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and the Shield of our salvation through every generation. We will be grateful to You and declare Your praise for our lives which are entrusted into Your hands, for our souls which are in Your care, for Your miracles which are daily with us, and for Your wonderful goodness toward us at all times, evening, morn and noon. You are good, and Your love never fails. You are merciful, and Your kindnesses never cease. We have ever hoped in You.

For all this, Your Name, O our Divine Ruler, shall be blessed and exalted forever. O inscribe all the children of Your covenant for a happy life, and may all the living do homage to You forever, and praise Your name in truth; O G-d who is our salvation and our help. Blessed are You O L-rd, Beneficent One. To You it is seemly to give praise.

Grant lasting peace to Israel and to all mankind for You are the God of Peace; and may it be good in Your sight to bless all Your children everywhere at all times with Your peace. In the Book of Life, blessing, peace and good sustenance may we be remembered and inscribed before You, we and all Your people, the house of Israel, for a good and peaceful life. Blessed are You, O L-rd who makes peace.

*Our G-d and G-d of our fathers!*

May our prayer come before You. Do not hide Yourself from our supplication, for we are neither so arrogant nor so hardened, as to say before You, O L-rd our G-d and G-d of our fathers, 'we are righteous and have not sinned'; verily, we have sinned.

We have trespassed, we have dealt treacherously, we have robbed, we have spoken slander, we have acted perversely, and we have wrought wickedness; we have been presumptuous, we have done violence, we have framed lies, we have counseled evil, and we have spoken falsely; we have scoffed, we have revolted, we have provoked, we have rebelled, we have committed iniquity, and we have transgressed; we have oppressed, we have been stiff-necked, we have done wickedly; we have corrupted, we have committed abomination, we have gone astray, we have led others astray.

We have turned away from Your commandments and Your judgments that are good, and it has not profited us. But You are righteous in all that has come upon us for You have acted truthfully, but we have done unrighteousness.

### 5. CONFESSIONS

What shall we say before You, You who dwell on high and what shall we declare before You, You who abide in the heavens? Don't You know all things, both the hidden and the revealed?

You know the mysteries of the universe and the hidden secrets of all living. You, who search out the heart of man, and probe all our thoughts and aspirations. Nothing escapes you, neither is anything concealed from Your sight.

May it be Your will, O Lord, our G-d and G-d of our fathers, to forgive us all our sins, to pardon all our iniquities, and to grant us atonement for all our transgressions.

For the sin which we have committed before You under compulsion of our own will.

And for the sin which we have committed before You by hardening hearts;

For the sin which we have committed before you unknowingly,

And for the sin we have committed before You with the utterance of the lips;

For the sin which we have committed before You by unchastity,

And for the sin which we have committed before You openly or secretly;

For the sin which we have committed before you knowingly and deceitfully,

And for the sin which we have committed before You in speech;

For the sin which we have committed before You by wronging our neighbor;

And for the sin which we have committed before You by sinful meditation of the heart;

For the sin which we have committed before You by association with impurity;

And for the sin which we have committed before You by confession of the lips;

For the sin which we have committed before You by spurning parents and teachers,

And for the sin which we have committed before You in presumption or in error;

For the sin which we have committed before You by violence;

And for the sin which we have committed before You by the profanation of Your Name;

For the sin which we have committed before You by unclean lips,

And for the sin which we have committed before You by impure speech;

For the sin which we have committed before You by the evil inclination,

And for the sin which we have committed before You wittingly or unwittingly;

*For all these, O G-d of forgiveness, forgive us, pardon us, grant us atonement.*

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For the sin which we have committed before You by denying and lying,

And for the sin which we have committed before You by bribery;

For the sin which we have committed before You by scoffing,

And for the sin which we have committed before You by slander;

For the sin which we have committed before You in commerce,

And for the sin which we have committed before You in eating and drinking;

For the sin which we have committed before You by demanding usurious interest,

And for the sin which we have committed before You by stretching forth the neck in pride;

For the sin which we have committed before You by idle gossip,

And for the sin which we have committed before You with wanton looks;

For the sin which we have committed before You with haughty eyes,

And for the sin which we have committed before You by effrontery;

*For all these, O G-d of forgiveness, forgive us, pardon us, grant us atonement.*

For the sin which we have committed before You by casting off the yoke of Your commandments,

And for the sin which we have committed before You by contentiousness;

For the sin which we have committed before You by ensnaring our neighbor,

And for the sin which we have committed before You by envy;

For the sin which we have committed before You by levity, and for the sin which we have committed before You by being stiff-necked;

For the sin which we have committed before You by running to do evil,

And for the sin which we have committed before You by tale bearing;

For the sin which we have committed before You by vain oaths,

And for the sin which we have committed before You by causeless hatred;

For the sin which we have committed before You by breach of trust,

And for the sin which we have committed before You with confusion of mind;

For all of these, O G-d of forgiveness, forgive us, pardon us, grant us atonement.

*[The following enumeration of sins refers to the period when the sacrificial system of the Temple and the judicial power of the Sanhedrin still existed]*

**w. 6** Forgive us too, for the sins for which, in the days of the Temple, the law would have required a burnt offering, a sin offering, an offering varying according to our means, and an offering for certain or for doubtful trespass; and for the sins for which the law would have imposed chastisement, flagellation, untimely death, excision, or one of the four death penalties inflicted by Courts of Law.

Forgive us for the breach of positive precepts and for the breach of negative precepts, both for the sins of which we are aware as well as for those that are unknown to us. Those of which we are aware, we have already declared and confessed to you; and those that are unknown to us, are revealed to You, according to the word that has been spoken; "The secret things belong to the L-rd our G-d, but the things that are revealed, belong to us and to our children forever, that we may do all the words of the Torah." For You are the Forgiver of Israel and the Pardoner of the tribes of Jeshurun in every generation, and besides You we have no king to pardon and forgive our sins. We have You alone.

O L-rd, before I was formed I had no worth, and now that I have been formed, I am as though I had not been formed. Dust am I in my life; yea, even more so in my death. Behold I am before You like a vessel filled with shame and confusion. May it be Your will, O L-rd my G-d and the G -d of my fathers, that I sin no more, as for the sins I have committed before You, purge them away in Your abundant mercy but not by means of affliction and suffering.

O, L-rd,

Guard my tongue from evil and my lips from speaking guile,

And to those who slander me, let me give no heed,

May my soul be humble and forgiving to all.

Open my heart, O L-rd, to Your sacred Law,

That Your statutes I may know, and all Your truths pursue.

Bring to nothing the designs of those who seek to do me ill;

Speedily defeat their aims and thwart their purposes

For Your own sake, for Your own power.

For Your holiness and Law.

That Your loved ones be delivered,

**z 7.** Answer me, O L-rd, and save with Your redeeming power.

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May the words of my mouth and the meditation of my heart be acceptable to You, O L-rd, my Rock and my Redeemer. You who keep harmony in the heavenly spheres, may You make peace for us, for Israel, and for all Your children everywhere. Amen

May it be Your will O L-rd my G-d and G-d of my fathers, to grant our portion in Your Law and to rebuild the Temple speedily in our days. There we will serve You with awe as in the days of old.

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*On Shabbat add...*

*Thus the heaven and the earth were finished, and all their host.  
And on the seventh day, G-d finished His work, and he rested  
on the seventh day from all His work which He had made.  
Then G-d blessed the seventh day, and He consecrated it,  
because on it He rested from all His work of creation. (Genesis  
2:1-3)*